

Eielson AFB, Alaska
Home of the Iceman Team

March 10, 2006
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"To Fight and Support the Fight - Any Time, Any Place"

New program enhances quality of life

by Airman 1st Class Justin Weaver
354th Fighter Wing Public Affairs

A new program kicks off today in an effort to combat alcohol related incidents, enhance the quality of life on base and provide alternatives to drinking for all Airmen stationed at Eielson.

The program, B.A.S.E. 24/7, is an acronym standing for: Building Relationships, Advancing Airmen's Issues, Supporting and educating the community and Enhancing the "Eielson experience" for more than just during duty hours. It will incorporate events and ideas on the weekends later into the night.

"One aim for B.A.S.E. 24/7 is to change the very culture that dictates how and why people drink alcohol," said Lt. Col. Cindy Sabo, 354th Logistics Readiness Squadron commander and B.A.S.E. 24/7 project lead. "By incorporating education, prevention



and community involvement, the program is designed to impact individual Airmen, the base as a whole and the broader community outside the gates.

Part of this culture change will include a 0-0-1-3 program approach to drinking.

"0-0-1-3 is a guideline approach to drinking which stands for 0 underage incidents, 0 DUIs, 1 drink per hour and a maximum of 3 drinks per night," Colonel Sabo said.

The 0-0-1-3 program originally began at

F.E. Warren AFB, Wyo., when leadership at Warren recognized that many Airmen had false perceptions on what was normal drinking.

Trying to set realistic expectations, the 90th Space Wing decided to specifically define "responsible, periodic drinking." Before the program, a base-wide survey found that the average airman thought "unsafe" drinking began with eight drinks or more.

F.E. Warren's program was the first in the

nation to establish a drinking norm and is now being implemented Air Force wide.

"B.A.S.E. 24/7 is an Eielson specific program that incorporates the foundation of the "E" for educate, into the 0-0-1-3 program," Colonel Sabo said. "This is not just an anti-alcohol program, however alcohol is a factor in many types of other problems, including public drunkenness, domestic violence, sexual assault and theft."

Although only in the beginning stages of

the program, the Team 24/7 team, comprised of 21 Icemen of all ranks, is working on alternatives to drinking with ideas such as laser tag and midnight basketball to paintball and various other activities.

"Taking care of our people is our number one priority," said Brig. Gen. Dave Scott, 354th Fighter Wing commander. "This program is designed to educate our Airmen so they can make better choices."

Publicity for B.A.S.E. 24/7 will include video clips at commander's calls, ads in the base paper; posters; stickers in bathrooms and on windows; and key chains.

However, B.A.S.E. 24/7 isn't just a media campaign, Colonel Sabo said. "B.A.S.E. 24/7 is only one component of a complex, well-supported program that will involve many actions at the individual, base and community levels."

For more information on B.A.S.E. 24/7, or to submit ideas or questions, e-mail BASE247@eielson.af.mil.

Chief talks enlisted issues

by Airman 1st Class Justin Weaver
354th Fighter Wing Public Affairs

Chief Master Sgt. David Andrews, 11th Air Force command chief, recently spoke about issues affecting Airmen in today's ever-changing Air Force.

"As a command chief at the numbered Air Force level, part of my duty is to look at issues affecting our mission from a very strategic perspective yet still be engaged at tactical levels that benefit all of our members from our newest Airman to our retired members," Chief Andrews said.

One of the areas the command chief stressed was the importance of professional development.

We must continue developing our folks as supervisors, he said. We put a lot of faith in our staff sergeants and technical sergeants because they are an incredibly important resource to today's Air Force.

"The reality of our Air Force today is that if our staffs and techs get it, then it works," he emphasized.

See **CCM** Page 2

Senior selectees announced

Air Force officials selected 1,303 master sergeants for promotion to senior master sergeant. The board, which convened Jan. 30 to Feb. 17, considered 15,104 master sergeants for an 8.63 percent select rate. Last year's selection rate was 9.19 percent.

The 12 Icemen selected for promotion are:

Chris Bostrom, 354th SFS
Ebbey Bryce, 354th OSS
Douglas Cook, 354th CONS
Richard Hageman, 354th CES
Brian Hubbard, 354th LRS
Bradley, Johnson, 354th MXS
Allen Sikes, 354th MXG
Adolph Tallman, 354th CES
Cleofas Trejo, 354th SVS
Verna Weinand, 354th MDOS
Jeffery Wilson, 354th AMXS
Eric Schmehl, Clear, AFB

Icemen adopt Afghan village, deliver supplies



Photos by Staff Sgt. Jennifer Redente

Giving back to the community

Iceman Tech. Sgt. John Strothenke, along with other Icemen, hands out materials including clothes, shoes, hygiene items, toys and school supplies to villagers in the village of

by Staff Sgt. Jennifer Redente
455th Air Expeditionary Wing Public Affairs

More than 40 Airmen at Bagram Air Base, Afghanistan recently visited a local village and provided basic necessities, donated by people throughout the world, to about 500 Afghans.

Members of the 455th Air Expeditionary Wing drove to the village of Gadia to hand out materials including clothes, shoes, hygiene items, toys and school supplies, said Senior Master Sgt. Diana Brown, 455th Expeditionary Aircraft Maintenance Squadron first sergeant.

"None of this could have been possible without the cooperation of those who have sent the donations and those who organized the event," said Iceman

Gadia, Afghanistan. Sergeant Strothenke is an independent duty medical technician assigned to the 455th Expeditionary Fighter Squadron at Bagram, Air Base, Afghanistan.

Master Sgt. James Biggerstaff, 455th Expeditionary Mission Support Group first sergeant.

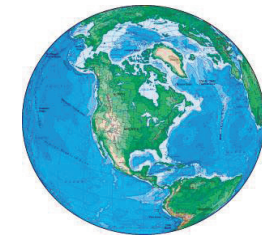
The materials were donated by servicemembers who have served in previous rotations, and by churches and other civic organizations.

"Most of the donations are sent by various organizations and groups through word of mouth after Airmen return to their home stations," Sergeant Biggerstaff said.

"We get about 20 boxes of assorted goods per week from those who support the Adopt-A-Village here," he said.

It's a very rewarding experience to participate in the program, Sergeant Brown said. She encourages everyone to take the opportunity to be involved, whether it's donating, sorting or handing out clothes.

ICEMEN DEPLOYED



Iraqi Freedom: 78
Enduring Freedom: 442
Other: 44
Total = 564
As of March 2

WEEKEND WEATHER

Today

High 10, Low -15
Partly Cloudy



Sunrise: 7:29 a.m.
Sunset: 6:35 p.m.
Daylight: 11 hrs. 6 mins.

Saturday

High 20, Low -5
Mostly Cloudy



Sunrise: 7:25 a.m.
Sunset: 6:38 p.m.
Daylight: 11 hrs. 9mins.

Sunday

High 25, Low 5
Mostly Cloudy



Sunrise: 7:22 a.m.
Sunset: 6:41 p.m.
Daylight: 11 hrs. 12mins

CCM from Page 1

“They are a key leadership component that together with the Airmen they supervise represent over 70 percent of our force.”

In order to ensure NCOs understand and know how to be effective supervisors, Chief Andrews looks towards new ways of further developing the troops.

“We have smarter, faster and better Airmen then we’ve ever had before, and we need to ensure we build better leaders to guide them,” he said. “We need to add to every supervisor’s skill sets, especially in today’s demanding and constantly changing Air Force environment. We are working on more effective and purposeful ways to further develop NCOs to be more competent supervisors, first sergeants, senior NCOs and chiefs.”

Additionally, Chief Andrews is focused on the reintegration of Airmen coming back from development. Especially those Airmen that are engaged in direct combat such as those performing convoy and security details in Iraq.

“We have Airmen that are directly engaged in combat and when they come back to us, they need a little more care and supervision,” he said. “If that extra care is not taken, then we may began to see an increase in indicators such as DUIs, Article 15s, divorces and Airmen not re-enlisting perhaps due to some of the issues they have faced at their deployed location.”

The Chief added that in order to reintegrate Airmen successfully, leadership must be involved at the first lines.

“Eielson’s logistics readiness squadron is a great model of successfully reintegrating Airmen from a combat environment, particularly because of a senior master sergeant that stayed involved in the lives of his Airmen when they returned from their deployed location.”

“When leadership is involved in Airmen’s lives, we see great things,” he said. “When leadership is disengaged, we may see negative things.”

Chief Andrews also spoke about possible manning cuts.

“The proposed manning cuts we continue to hear about will most likely be spread out across several fiscal years,” he said. “I don’t know who the targets are or how many numbers we may actually be reduced to. We have to keep in mind that the proposed numbers are likely to be spread out through our entire Air Force; active duty, Reserve, Guard and civilians.”

“It is my opinion that Airmen are at the most productive level they have ever been in our history” he said. “Whatever happens to our manning levels, I am confident Airmen will always respond, adjust and continue to perform brilliantly anywhere and doing anything.”

While many believe the operations tempo for our Airmen may continue to rise,

the Chief asks NCOs at all levels to stay focused on the mission and to keep their commanders well informed.

“I hear many NCOs tell me there are too many ancillary demands, not enough time, too many distractors from the daily workloads,” he said. “And there may be circumstances that drive leadership to consider that ‘Something has to come off the plate,’” he said. “NCOs have a major role in the capacity and focus of our Airmen and are in the best position to keep our commanders informed on the status of our number one weapon system - our Airmen. We do that by providing accurate, complete and up to date information up the chain and staying engaged in the lives of all of our members.”

Lastly, the Chief beamed with pride as he reminded us to never forget why we joined the Air Force.

“When I spend time with Airmen, I often ask them why they serve in our Air Force. At first, I hear about careers, education and benefits. But after awhile, the conversation turns to the real reasons and I hear our Airmen talk about serving their nation, protecting our way of life and making their families proud of them. That is the real soul of our service and the real strength within the most powerful Air Force in the world. Airmen serve because they are patriots, selfless and warriors for America. I am so proud to be among you all.”

Names 2 Note

The outstanding work of two 355th Fighter Squadron life support specialists was recognized when Staff Sgt. Burnell Domino (top) was recognized with the 2005 Pacific Air Forces Life Support Airman of the year award and Tech. Sgt. Matt Freeman was recognized with the 2005 PACAF Life Support NCO of the year.

AFPC requests customer feedback on new website

The Air Force Personnel Center is giving its customers an opportunity to ensure the new AFPC Web site will answer their personnel questions.

The new searchable site is accessible via a link on the current AFPC homepage at www.afpc.randolph.af.mil and customers are encouraged to provide feedback as the center continues to develop the Web site.

This site will be an integral part of the Personnel Services Delivery Transformation, which will improve, streamline, and modernize the way personnel actions are accomplished.

“I want to give our customers the opportunity to provide input into this process,” said Maj. Gen. Tony Przybyslawski, AFPC commander. “Their feedback will be an invaluable tool in our Web site development and the success of the PSD transformation.”

The new Web site uses a question and answer format to explain personnel actions and programs. It is based on a sys-

tem of frequently asked questions and will always give AFPC customers an opportunity to provide specific feedback, even after the official launch.

During the development process, customers can provide input one of two ways. They can e-mail general comments by clicking the feedback button on the new site’s front page. Also at the bottom of each Q&A, customers can provide feedback directly to the AFPC subject matter expert for that topic.

While the center wants to make the Web site the first stop for personnel information, leadership acknowledges there will be times when the customer may need more help.

“Our goal is to make the Web a one-stop shop for personnel questions,” said General Przybyslawski. “However, in the rare instance that it does not, the customer can call or e-mail a representative at our contact center for further assistance.”

The new AFPC site will officially launch March 15. *Courtesy of Air Force Print News.*

Assesment survey to be sent out

The Integrated Delivery System (IDS) Working Group is sponsoring the 2006 Community Assessment Survey of service members, spouses, reservists, and reserve spouses. This survey is the best way for Air Force community members to make their opinions and needs known. The results of the survey will be used by base leadership and the Air Force to target resources where they are most needed and enhance the well-being of the community.

Air Force community members at Air Force bases worldwide will be randomly selected to participate in the study. A notification letter that includes a link to the Web-based survey will be sent out to the work email address of each active duty member selected to participate (spouses will be sent a letter in the mail with the Web link). Participation is crucial to the success of the project; selected service members are strongly urged to take part.

“The 2006 Community Assessment Survey is a top priority,” stated Chaplain Lt. Col. Oledia Bell, 354th Fighter Wing Chapel Office. “It is the best way for us to listen to community members and then provide services to help them meet their needs and the needs of their families. It allows them to express their opinions anonymously so participants can respond openly and honestly to issues that affect them every day.”

Survey responses can directly influence family services and related support activities at local bases and throughout the Air Force. In fact, results from previous Air Force Community Assessments have impacted the policies and programs that support families at every level of the Air Force, to include:

- Adjusting childcare and other support services to better match the needs of the community
- Increasing opportunities to socialize and participate in on- and off-base activities.
- Increasing spouse-to-spouse support, especially during times when service member is deployed or TDY
- Increasing job opportunities for AF spouses
- Expanding financial counseling programs to members and their families
- Develop a user-friendly support network for AF single parents
- Set up marriage support seminars for junior enlisted members and their spouses

“The 2006 Community Assessment Survey provides community members a wonderful opportunity to improve the Air Force Community,” said Jacalyn Dunn, Family Advocacy Outreach Manager and Vice Chair of Access Eielson. “We hope those selected will do everything they can to respond to the survey as quickly as possible.”

This year’s survey at Eielson will be particularly important. As part of a Department of Defense sponsored initiative, this year’s Community Assessment, along with some supplemental questions, will be used to direct additional resources to help service members and families base wide.

Wing agencies will be working with researchers to ensure that this year’s survey results are used to maximum benefit.

Questions regarding the 2006 Community Assessment, can be directed to Colonel Bell at 377-2130.

THIS MONTH IN HISTORY

March 6, 1949: The 375th Reconnaissance Squadron was the first operational squadron assigned to Eielson AFB. The unit primarily flew WB-29 weather reconnaissance aircraft.

March 8, 1961: The last Air Force family, along with their household goods, was transferred from Ft Wainwright to Eielson. Overall, the six-month project impacted some 600 military families and involved the transportation of more than 3-million pounds of household goods. These moves were a result of the transfer of Ladd AFB to the Army, which was renamed Ft Wainwright on January 1, 1961.

March 27, 1964: The Good Friday Earthquake measuring 8.5 on the Richter scale struck south central

Alaska. Eielson aircraft flew many relief missions during the weeks that followed the massive quake.

March 25, 1967: The 4157th Strategic Wing inactivated and was replaced by the 6th Strategic Wing.

March 31, 1974: The first Women in the Air Force Squadron Section activated at Eielson. Captain Carol Prismon was the unit’s first commanding officer.

March 27, 1979: Paul Airey, the first Chief Master Sergeant of the Air Force, spoke at the chartering ceremony for the Last Frontier chapter of the Air Force Sergeant’s Association.

March 15, 1981: An RC-135 assigned to the 6th Strategic Reconnaissance Wing

crashed while attempting to land at Shemya Air Force Station, Alaska. Six crewmembers died as a result of the crash.

March 20-26, 1994: Eielson hosted Arctic SAREX 94, a combined search and rescue exercise featuring personnel from the United States, Canada and Russia. The first exercise of its kind in the United States, Arctic SAREX 94 tested the interoperability of the participants search and rescue units, as well as established military-to-military contacts among the three countries.

March 1996: Eielson hosted a B-2 for cold weather testing. *Courtesy of Master Sgt. Don Fenton, 354th Fighter Wing Historian.*

— Law and Order —

Article 15 Actions: *Eielson commanders administered three Article 15 actions. The punishments imposed reflect the commander’s determination of an appropriate punishment after considering the circumstances of the offense and the offender’s record. A “suspended” punishment does not take effect unless the offender engages in additional misconduct or fails to satisfy the conditions of the suspension. The suspension period usually lasts for six months unless otherwise noted.*

An airman from the 354 SFS received Article 15 punishment **for sleeping on duty and for consuming alcohol with in 8 hours of arming for duty, in violation of Article 92, UCMJ.** The commander imposed the following punishment: Reduction to airman basic, 10 days extra duty and a reprimand.

An airman first class from the 354 AMXS received Article 15 punishment **for failing to have POV insurance and failure to start leave in local area, in violation of Article 92, UCMJ.** The commander imposed the following punishment: Reduction to airman, suspended forfeiture of \$333 pay, 14 days extra duty and a reprimand.

A technical sergeant from the 354th SFS received Article 15 punishment **for failing to properly document and track weapons in the armory and for failing to visually inspect, clear and properly store weapons in the armory, in violation of Article 92, UCMJ.** The commander imposed the following punishment: Suspended reduction to staff sergeant, forfeiture of \$500 pay per month for two months and seven days extra duty.

DWI CLOCK

The Iceman Team goal is 60 days without a DWI.

Days without a DWI: 27
Days until goal: 33



Need a free ride home from the **North Pole** area or **on base**?

Call: 377-RIDE from 10 p.m. to 4 a.m. Friday and Saturday nights

Need a ride home from **Fairbanks**?

Call: Klondike Cab, at 457-RIDE (7433) for discounted rides back to base.

AADD VOLUNTEERS

Airmen Against Drunk Driving volunteers gave **15** rides last weekend and have ‘saved’ **4,654** lives to date.

Special thanks to last week’s Icemen volunteers for helping keep our Airmen safe.

Senior Airman Theron Calfee
Airman 1st Class Jessica Sheily
Airman 1st Class Meshiek Longo
Staff Sgt. Eralyn Burgess
Airman 1st Class Jheren-Michel Svoboda
Tech. Sgt. Delvin Sparrow
Airman 1st Class Mike Huntington
Airman 1st Class Elizabeth Smith
Airman 1st Class Patrick Smith
Airman 1st Class Patrick Trexler

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Arctic Sentry

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— COMMANDER’S —
CORNER

Commander’s
Hotline
377-6100

The Hotline is your opportunity to get your issues and comments directly to me so I can address them.

Before you call the hotline, however, I strongly encourage you to give the unit involved, your first sergeant or commander a shot at resolving the issue. The Iceman Team takes care of its own, but you should give these people the chance to help. Please leave the names and organizations of the people you’ve contacted who have been unable to satisfy your concern, and I will look into the problem.

Your confidentiality will be respected at all times. Thank you!

Col. Dave Scott
354th Fighter Wing commander

AAFES	372-2139
CE customer service	377-2100
Chaplain	377-2130
Dining facility	377-2536
Family support center	377-2178
Finance	377-1851
Fraud, waste & abuse	377-2109
Housing management	377-2244
Inspector general	377-2109
Military personnel flight	377-2276
Legal	377-4114
Public affairs	377-2116
Services	377-2857
TRICARE	377-5235

Newspaper deadlines

ARCTIC SENTRY deadlines are close of business Friday prior to the following Friday’s publication. E-mail submissions to editor@eielson.af.mil.

Story ideas?

THE ARCTIC SENTRY staff seeks to provide its customers with informative stories about the Iceman Team. E-mail story ideas to: editor@eielson.af.mil.

Why do we celebrate Women’s History Month?

by Master Sgt. Rob Palos
354th Fighter Wing Military Equal Opportunity chief

Some may wonder why we celebrate special observances such as Women’s History Month.

One important reason is that special observances serve to highlight the accomplishments and contributions made by people who are often times overlooked in traditional history books.

History is filled with women whose lives and work have transformed America with a collection of vivid and glistening accomplishments sometimes washed out in the annals of the past.

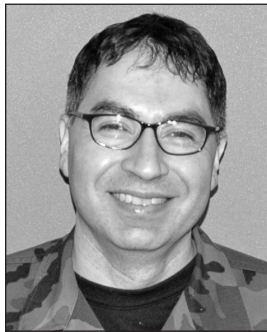
Women like those who served on the battlefields of the American Civil War, a teenage mother who saved a historic expedition or a brave scientist who wrote a book that catapulted environmental issues to the forefront of public consciousness are just a few examples.

Prior to a debate on the role of women in combat, women served during the American Civil War in far larger numbers and in more significant roles than has so far been fully recognized in history text books. New stories from diaries, memoirs and family letters combined with new access to historical information on the internet have added to the previously published accounts of women who served on the battlefields.

Although it was not fully comprehended at the time, hundreds of young women also enlisted in male disguise.

Their purpose commonly was to be with their husbands or lovers, but many served alone simply out of patriotism or the desire for adventure and excitement.

The conclusion is inescapable that the number of those who served as soldiers or combat nurses must have been many times larger than the commonly accepted



“Special observances such as Women’s History Month should foster a sense of unity amongst all members and are designed to develop an awareness of the accomplishments and contributions to American history.”

Master Sgt. Rob Palos
354th Fighter Wing Military Equal Opportunity chief

estimate of about 400.

Prior to the ALCAN Highway or the Transcontinental Railroad being built, Sacajawea a Shoshone princess would lead Lewis and Clark on their famous expedition to find the Pacific Ocean.

President Thomas Jefferson dispatched Lewis and Clark to find a water route across North America and explore the uncharted West; he expected they’d encounter woolly mammoths, erupting volcanoes and a mountain of pure salt.

Many historians believe Lewis and Clark’s expedition would probably not have been successful without the help of the Shoshone teenager, who carried her baby boy the entire way. Sacajawea was a teenage mother and a valued interpreter for Lewis and Clark.

Although we don’t know much about her, we do know her quick thinking and knowledge of Native American languages saved the expedition on many occasions.

Another woman who had a great affect on America was Rachel Carson. Before there was an environmental movement, Global warming concerns and holes in the ozone, this brave woman wrote a book that startled a nation.

Rachel Carson researched the damage being done to the Earth by pesticides,

and published “Silent Spring” in 1962.

The book catapulted environmental issues to the forefront of public consciousness, becoming the foundation for the modern environmental movement. The damage being done by poison chemicals today could be far worse had she not wrote the book. One shudders to imagine how much more impoverished our world would be had Silent Spring not sounded an alarm.

Special observances such as Women’s History Month should foster a sense of unity amongst all members and are designed to develop an awareness of the accomplishments and contributions to American history. There are eight observances that are recognized by the Department of Defense. The others include the birthday of Dr. Martin Luther King, Jr. (third Monday in January), Women’s History Month (March), “Days of Remembrance” for victims of the Holocaust (April/May), Asian/Pacific Islander Month (May), Women’s Equality Day (August 26th), Hispanic Heritage Month (Sept. 15 – Oct. 15) and Native American Month (November). If you would like to participate on a committee, please call the Military Equal Opportunity Office at 377-1357.

Great women from our past

According to Airman magazine, the following women made great strides in the world of aviation world and for the Air Forces:

- First woman to cross Atlantic Ocean solo (1932), Amelia Earhart
- First woman in the Air Force (1948), Staff Sgt. Esther McGowin Blake
- First woman to break the sound barrier (1953),

- Jacqueline Cochran
 - First female chief master sergeant (1960), Chief Master Sgt. Leslie McGowan
 - First female promoted to general (1971), Brig. Gen. Jeanne Holm
 - First female chaplain (1973), 1st Lt. Lorraine K. Potter
 - First female test pilot (1974), Capt. Leslie H. Kenne
 - Women became Basic

- Military Training Instructors (1975)
 - First female Air Force Academy cadet (1976), Joan Olsen
 - First women (10) graduate Air Force Undergraduate Pilot Training, Williams Air Force Base, Ariz. (1977)
 - First Hispanic female graduates AF Academy (1980), Linda Garcia Cubero
 - First secretary of the Air Force (1993), Sheila Widnall
 - First female to fly combat

- missions (1995), Capt. Martha McSally
 - First female space shuttle commander (1999), Col. Eileen Collins
 - First female sniper school graduate (2001), Senior Airman Jennifer Donaldson
 - First female Aerial Gunner (2003), Airman 1st Class Vanessa Dobos
 - First female Thunderbird pilot (2006), Capt. Nicole Malachowski



Ice-
men from the 354th Fight-
er Wing and the 168th Air
Refueling Wing combined
forces Saturday during an
Emergency Medical Exer-
cise. The exercise simulated
a KC-135 that had caught fire
on the base runway. Emer-
gency response teams were
on scene providing medical
care to 18 “injured” troops.
The exercise provides Air-
men the opportunity to hone
their skills in the event of a
worst-case scenario.



Photos by Staff Sgt. Julie Avey

EXERCISE EXERCISE EXERCISE

Senior leaders’ testimony on AF posture available online

The Air Force’s top leaders testified before the Senate and House ArmedServices Committees March 2 about the service’s posture for the coming fiscal year. In the written and opening statements to the committees, the leaders outlined how the new budget will help keep the service focused on winning the global war on terrorism, developing and

caring for its Airmen and modernizing and recapital-
izing its equipment and aging aircraft fleet.

To review the statements, go to: **Senate:** www.af.mil/shared/media/document/AFD-060303-009.pdf. **House:** www.af.mil/shared/media/document/AFD-060303-013.pdf.

Courtesy Air Force Print News.

AF vision embraces warfighters, heritage

by Staff Sgt. Julie Weckerlein
Air Force Print News

Heritage, future innovations and focus on the joint warfighter are three key points in the newly released Air Force Vision document, “Lasting Heritage ... Limitless Horizons: A Warfighter’s Vision.”

This vision document, released to Airmen world-
wide Feb. 28, replaces the older “Vision 2020” version, which was released in 1997, and focused on prepara-
tion for the then-upcoming turn of the century.

“Many of the same themes appear in both documents, such as innovation and Airmen as warfighters,” said Secretary of the Air Force Michael W. Wynne. “(Yet) the overall theme (of the recent document) stresses that Airmen will continue to live up to their rich heritage, and push the Air Force to an even better horizon.”

“Heritage to horizon” is a strong message in the document, exemplified by timelines, quotes from past senior leaders and brief reviews on past Air Force missions.

“From the days of Chenault and aviation, from Schriever, from LeMay, from Stuart Symington who was the first Secretary of the Air Force, it has always been about innovation,” Secretary Wynne said. “It has always been about pursuit of excellence. It’s always been about using and pushing the boundar-
ies of technology into a future that was relatively unknown.”

While the document is heavy in Air Force history, its outline for the Air Force’s future is made clear with references to new technology, total force concepts, and fighting the global war on terrorism.

“To realize the vision, we have three priorities:

AK-Fit Kids kicks off

by Airman 1st Class Justin Weaver
354th Fighter Wing Public Affairs

A new AK-Fit Kids program shoots out of the starting gate 10 a.m. Saturday at the Youth Center in search of youth center members 5-8 years old to participate.

“AK-Fit Kids is a spin-off of Fit Factor,” said Sarah Nolin, 354th Services Squadron youth center sports director. “Fit Factor, an Air Force-wide program for children age nine and older, began because of a lack of exercise and an increase of obesity seen in youth.”

AK-Fit Kids was started thanks to Eielson’s youth center winning \$1,500 for having the high-
est percentage of youth Center members enrolled in Fit Factor in Pacific Air Forces.

“The \$1,500 helped jumpstart a program that was already in the works, but lacked the fund-
ing to purchase incentive prizes,” Mrs. Nolin said. “AK-Fit Kids, an Alaskan-themed fitness program, targets youth between the ages of 5-8 years old.”

AK-Fit Kids will work on a point system almost identical to that of Fit Factor, but will have a couple of differences, she said. The big-
gest difference is that we will award “Buddy” points to Ak-Fit Kids members who enroll a new member.

Ak-Fit Kids will receive extra points for participating in a non-league activity with one of their “buddies.” Also, instead of logging points into a Web site, youth will log points in an electronic spreadsheet that calculates total points for them.

Points will be awarded for activities such as walking a pet, house cleaning, shoveling snow and eating healthy. AK-Fit Kids members can win various prizes for each level they attain.

“Being healthy and fit will put youth in touch with their bodies, increase their self-esteem and help them to establish a desire to set personal goals, she added.

For more information on the Fit programs or to enroll a child in the youth center, call 377-3194.



Cheyenne Woolitz and Savannah Smithson use buddy boards to walk together around the youth center gym. The buddy boards help promote teamwork becuae both individuals have to step at the same time for the boards to work.

The youth center offers a climbing wall, ping-pong, basketball, giant bounce toys, skating, Dance Dance Revolution, pogo sticks, crafts and more. To join, or for more informa-

maintain a razor-sharp focus on fighting this global war on terrorism, continue developing our Airmen, and recapitalize and modernize our inventory,” said Gen. T. Michael Moseley, Air Force chief of staff. “Meeting these challenges will require bold new initiatives. Our Airmen understand this intuitively. They build on a distinguished and lasting heritage. They will push the Air Force beyond the horizon.”

“We updated the vision to show how the Air Force is and will remain engaged in the Global War on Terror, (and how it) continues to embrace dramatic business practices and strives to achieve our bold future,” Secretary Wynne said. “The chief of staff and I are committed to developing the best Airmen and providing them with the best equipment and weapons to do their job.”

Chief Master Sgt. of the Air Force Gerald R. Murray

wrote in the document that “the enemy is erratic and ruthless, but no match for the skillful and dedicated Airmen, Soldiers, Sailors, Marines and Coast Guards-
men serving today.

“Our unity and integration is better than ever, and we will improve our interoperability even more in the future. Together, we will fight hard and win decisively,” he wrote.

Secretary Wynne said he believes the new vision document is an important information tool for Air-
men because it provides a clear explanation of the Air Force’s mission, history and plans for the future.

“I would like Airmen to take away from this vi-
sion document that there are limitless horizons,” he said. “Airmen are allowed to innovate ... and as they’ve always been, be free-thinking, risk-taking warfighters.”

Friendly faces in deployed places

From one end of the globe to the other, more than 550 people from Eielson are deployed, fighting and supporting the fight anytime, anyplace.



**Airman 1st Class Thomas Yashinsky,
354th MXS, Bagram**



**Senior Airman, Daniel
Matthews, 355th FS,
Bagram**



**Staff Sgt. Jason Williamson,
18th FS, Ali Air Base**



**Master Sgt. Andy Harper,
354th CES**



**Chief Master Sgt.
Erik Wineland,
354th LRS**



**Maj. Scott Sanford,
354th SFS, Bagram**



**Staff Sgt. Jasmine Reif, 354th FW/PA,
Ali Al Salem**



**Chief Master Sgt.
Erik Wineland,
354th LRS**



**Senior Airman Scott Davis,
354th MDSS, Bagram**



Master Sgt. Dave Allard, 354th FW, Balad



**Staff Sgt. Mi-
chael Woods,
354th MXS,
Bagram**

**Airman 1st Class
Christopher
Wolfskill, 354th
MXS, Bagram**



**Master Sgt. Rick Hartke,
354th CES**

ACCESS EIELSON

Editor's Note: Access Eielson is the central source for all base helping agencies. All activities take place at the family support center unless otherwise noted. For a list of other classes and programs call 377-2178 or go to www.eielson.af.mil.

Classes

Sponsorship Training, 3-4 p.m. Tuesday.
Smooth Move, 9-11:30 a.m. every Wednesday.

On-Going Programs

Deployment Briefings - Every Tuesday and Thursday, single Airmen at 9 a.m. and 3 p.m. and married Airmen at 9:30 a.m. and 3:30 p.m. Spouses are encouraged to attend.
Ready, Set, Grow Playgroup, 10-11:30 a.m. every Tuesday at the community center.
Smooth Move, 9-11:30 a.m. every Wednesday.
Polar Stroller Rollers, 11 a.m. to 1 p.m. every Wednesday at the youth center gym.

SERVICES PROGRAMS

Editor's Note: For a list of other classes and programs, call 377-3268 or surf to www.eielsonservices.com. RSVP for classes. Outdoor recreation rents ski equipment, Ice fishing equipment and various other outdoor equipment. Call 377-1232.

Programs

Texas Hold 'em tournaments: 6-8 p.m. Tuesdays at the Yukon Club. Call 377-1075.
Deployed bowling for family members: 5-7 p.m. Fridays at Arctic Nite Lanes. Call 377-1129.
Trap shoot: 5-9 p.m. Tuesdays at the skeet and trap range. Instruction, ammunition and loaner guns are available. Call 377-5338.
FitFactor weekly events: 2:30 p.m. Fridays at the youth center.
Thrifty Tuesdays: 5-8 p.m. \$1 specials on bowling and food at Arctic Nite Lanes.
Skeet league: Log 50 targets per week. Any adult, active-duty member, family member, civilian or retiree may join the league. Call 377-5338.
Chess club: 5:30 p.m. Thursdays at the community center. Call 377-2642.
Spades tournament: 8 p.m. Fridays at the Yukon Club.
Bowling instruction: Available at Arctic Nite Lanes. Call 377-1129.



Today

❖ A snowmachine and ATV Trip takes place 5-7 p.m. and begins at outdoor recreation. Call 377-1232.

Saturday

❖ A triathlon begins at noon at the fitness center. Register by 11 a.m. Saturday.

❖ A flight-seeing special is available at the aero club. For reservations, or for more information, call 377-1223.

❖ An open house with a certified mildly ill child care provider takes place 2-4 p.m. today. For more information, call the family child care office at 377-3636.

Tuesday

❖ A free Hearts Apart social activity for spouses of deployed members is 10:30 a.m. in the community center. Call 377-2642.

Tuesday-Thursday

❖ A snowboard and ski trip to Alyeska Resort takes place today through Thursday. Call outdoor recreation at 377-1232.

Wednesday

❖ A free members' only event is 5-8 p.m. at the Yukon Club. Call 377-5219.

Thursday

❖ A birthday meal for meal card

holders born in February and March takes place 5 p.m. at the Two Seasons Dining Facility. Register with unit first sergeants or at the dining facility. Call 377-3269.

March 17

❖ St. Patrick's Day Family Bingo is set for 5:30 p.m. in the community center. Cost is \$3 for ten games. Prizes will be awarded.

❖ An overnight cabin getaway at Birch Lake is available with outdoor recreation. Pay in advance at the ski lodge. For more information, call outdoor recreation at 377-1232.

COMMUNITY BRIEFS

Airman's Attic closure

The Airman's Attic will be closed from March 13-17 for spring cleaning. For emergency assistance, call April Williamson at 372-1967.

Softball league downtown

A men's, women's and co-ed softball leagues takes place in Fairbanks. The season runs from May through August. A general membership meeting takes place 7 p.m. at the Eagles Hall, Fairbanks. For more information, call Golden Heart Softball Association at 452-6768 or 347-3292.

New pass, registration hours

Pass and Registration is now open from 8 a.m. to 4 p.m. daily. Call 377-1853.

Indoor archery potluck, 3-D shoot

An indoor range potluck and 3-D shoot is 11 a.m. March 25 at the indoor archery range located in the basement of Bldg. 2333. Cost is \$10 for members, \$5 for children and \$15 for nonmembers. Cash prizes will be awarded.

Boy Scouts

A Boy Scouts of America troop 8 meeting occurs every Monday from 6:30 - 8 p.m. in Bldg. 2613 on Wabash Ave. (Bottom floor). Boys ages 11 - 18 are welcome to join. Email steven.curley@eielson.af.mil or call Mr. Curley at 377-4243 for more information.



All movies show at 7 p.m. at the base theater unless otherwise noted.

Tonight: BIG MOMMA'S HOUSE 2

(Martin Lawrence, Nia Long)
The continuing adventures of master-of-disguise FBI special agent Malcolm Turner. This time he must go undercover as Big Momma to nail his ex-partner's murderer. While undercover in the house of the suspected criminal, Malcolm grows attached to the suspect's three children. Rated PG13 (sexual humor, drug reference) 99 min.

Saturday: UNDERWORLD, EVOLUTION

(Kate Beckinsale, Scott Speedman) A war emerges between the aristocratic Death Dealers and the barbaric Lycans (werewolves), stemming from an ancient feud between the two tribes. Selene, the beautiful vampire heroine, and Michael, the lycan hybrid, try to unlock the secrets of their bloodlines. Their forbidden love takes them into the battle to end all wars as the immortals must finally face their retribution. Rated R (violence, gore, sexuality, nudity, language) 106 min.

Sunday: BIG MOMMA'S HOUSE 2

Thursday: UNDERWORLD, EVOLUTION



Light, camera, action

More than 150 spouses attended the Spouses Dining-In Saturday at the Aurora Club. The Dining-In featured skits, a grog bowl and an award presentation. The OSS spouses group won best dessert; the 18FS spouses won best costume; the MXS spouses won best table; and the E-10s, chief spouses won best skit.

HALL OF FAME

The Hall of Fame is a program for group commanders to recognize Airmen for excellent job performance.



Staff Sgt. Jason Shafer
NCOIC Clinical Administration
354th MDOS
Elkview, W.V.

“He has shown exceptional leadership while transitioning from information management responsibilities to a patient care position. He is a positive role model and a proven mentor for those he supervises. The provider staff has lauded his professionalism and his attention to detail ensured continuity of care by increasing record availability to 95 percent.”



Senior Airman Amy Perry
Unit Ancillary Training Monitor
354th MXS
Ellenville, N.Y.

“She has consolidated, requested and allocated more than 1,300 training seats while aggressively managing the status of more than 28,000 ancillary training items for Eielson’s largest unit. Her professionalism, attention to detail and can-do attitude directly contributed an unprecedented 100 percent training utilization rate.”

AAFES matches lower prices

The Army and Air Force Exchange Service’s chief marketing officer is calling attention to AAFES *We’ll Match It!* policy to ensure all AAFES customers get the best prices.

Maintaining the strength of the exchange benefit in today’s competitive retail environment is no easy task, according to Lt. Col. Debra Pressley, AAFES coporate communications chief.

“It is only through proactive surveying and review that we can ensure AAFES prices are routinely lower than the competition,” she said, explaining that the *We’ll Match It!* effort works in two ways.

First, if customers see a price differential of less than \$10 they can tell the cashier who will match it on the spot.

Customers who report a price difference of greater than \$10 dollars need only to bring a current local competitor’s ad to receive the reduced price. In either case the competitor’s item must be identical to the item in the AAFES store.

“AAFES is committed to having low prices,” said Colonel Pressley. *We’ll Match It!* is simply our last line of defense.

After AAFES conducts national surveys and associates from the store level compare local prices, the customer has this program to make sure no one missed anything.”

We’ll Match It! promotes AAFES as a price leader with a pledge that retail stores will match competitors’

current, local price on any identical stock assortment. In addition to this same-day pledge, AAFES also offers a 30-day price guarantee on any item originally purchased from AAFES and subsequently sold at a lower price by AAFES, or another local competitor (excluding unauthorized dealers and warehouse clubs).

Since AAFES has a dual mission to provide quality merchandise and services at competitively low prices and also generate earnings to supplement Morale, Welfare and Recreation programs, there are exceptions to the *We’ll Match It!* program, officials noted.

Except for the Exchange Catalog and aafes.com, stores cannot accept challenges from any catalog or Web site.

Other exclusions include “gimmick” promotions, warehouse clubs, special order automotive parts, gasoline, automotive labor/service, double and triple coupons, clearance items, flat percentage off items and vending items.

AAFES officials pointed out that *We’ll Match It!* is available every day of the year exclusively at AAFES facilities around the world. Purchases from the Exchange generate funds for MWR programs.

In 2004, AAFES contributed more than \$242 million to MWR in support of youth activities, outdoor recreation, bowling facilities and other quality of life programs on military installations worldwide.

For more information, call the Eielson Base Exchange at 377-4154.

Eielson soccer club takes game indoors

Late season additions help turn tourney momentum

by Tech. Sgt. William Farrow
354th Fighter Wing Public Affairs

In the Arctic environment of Interior Alaska, indoor soccer is the best way players can stay in game-shape and get touches on the ball during winter months.

Eielson’s Soccer Club’s is preparing for the upcoming outdoor season by kicking balls along the indoor turf.

Fielding a squad in the competitive, eight team Fairbanks Indoor Adult Soccer League, the Icemen lost their last tournament match-up 6-3, but can redeem themselves with a win March 25.

“We’ve really turned it around from being an easy win for the opposition to being a tough opponent,” said coach Rob Palos.

Palos said the turn around occurred when more players began showing interest, and showing up, and the players began getting the feel of the indoor game, which moves a lot faster than the outdoor version most players are used to playing.

Indoor soccer is a game derived from outdoor soccer adapted for play in an indoor facility, such as a turf-covered hockey rink or a basketball court.

Indoor soccer is a somewhat common sport in the United States, with both amateur and professional leagues dedicated to playing the sport.

“The three new players we recruited from First Term Airmen Center (Jeff Dixon, Seth Mock and Bobby Souvannavong) have played extremely well—they brought youthful athleticism and skill to the team. The injection of youth combined with the play of the core team (Matt McLain, James Yates, Amuzie Soronnadi, Mike Greenwood, Scott Archer, Shannon Fox, Justin Weaver, Park Holmes, Alyssa Jacobson, Galen Perry, Samuel Miller and Omar Aguilar) brought a new energy to the team,” Palos said.

Although the team looks to do as well as possible in the indoor league tournament, the players are chomping at the bit to get the feel of cleats stabbing earth.

“Were excited about the coming outdoor season,” he said. “We have a good group of veterans and our new players are experienced players as well and we are looking to be competitive in the state cup.”

Palos said the outdoor league begins play in early June and the Eielson Soccer Club will begin practice as soon as fields on base can accommodate play, which may be as early as April.

People interested in playing soccer competitively can call Palos at 377-1357 or send email to *robert.palos@eielson.af.mil*.



Eielson Soccer Club player Amuzie “Sam” Soronnandi works on his ball control while juggling the ball before soccer practice Wednesday. Soronnandi, a Nigerian national who has been playing “football” his entire life, said although he enjoys the pace of the indoor game and appreciates how playing year-round keeps him in shape and skilled with touches on the ball, he yearns for winter’s end so he can take his game outside.